

# **DYNAMIC**

*FITNESS & STRENGTH*



FULLY  
EQUIPPED  
WITH  
NO LIMITS.



## OUR CUSTOMER-FIRST PHILOSOPHY



It's in our name: *Dynamic*. Always moving, always changing to stay ahead of the rapidly changing demands in today's club fitness industry.

"At Dynamic we take pride in providing our valued customers with great pricing and excellent quality, with the most innovative products in the fitness industry. We strive for strong communication with our fitness club partners—to continually meet and exceed their expectations."

—**Dave Calloway**  
GENERAL MANAGER

## YOUR FULL-SERVICE EQUIPMENT PROVIDER

Dynamic does it all for you:

- ✓ CUSTOM PRODUCT DESIGN
- ✓ QUALITY U.S.A. MANUFACTURING
- ✓ DIRECT SALES & DEALER NETWORK
- ✓ PROFESSIONAL INSTALLATION
- ✓ DEDICATED CUSTOMER SERVICE
- ✓ ROBUST MARKETING RESOURCES
- ✓ FITNESS TRAINING EXPERTISE



## THE EQUIPMENT-BUILDING EXPERTS

Dynamic's dedicated engineering team makes club owners' dreams become reality with rapid prototyping and customization of fitness products; We are always improving, always innovating to produce the highest quality, most cost-effective solutions to grow your membership and your revenue.



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# RAISE THE BAR ON STYLE.





## LIFTING RACKS & BENCHES

The new Ultra Pro Series by Dynamic Fitness & Strength delivers customization, functionality and class. Add to your rack system with a multitude of attachments and rack connectors. Then complete the look with steel uprights laser-cut with your own club name or logo.

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### ATTACHMENT OPTIONS

- ✓ TECH TRAYS
- ✓ BUMPER PLATE HOLDER
- ✓ SINGLE LEG ROLLER
- ✓ LANDMINE
- ✓ DOUBLE BARREL LANDMINE
- ✓ ADJUSTABLE ROPE PULL
- ✓ BAND PEGS
- ✓ DIP STATION
- ✓ ROPE ANCHOR
- ✓ ADJUSTABLE PLYO STEP
- ✓ ACCESSORY STORAGE



**DYNAMIC**  
FITNESS & STRENGTH

MORE  
STRENGTH  
IN LESS  
SPACE.





## CABLE STACK INTEGRATED RACKS

This Dynamic innovation provides the training capabilities of a rack and functional trainer all in one space-saving design. These adaptable systems also connect racks together, saving valuable space in your facility. Customize with custom laser-cut logos to complete the look.

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### ATTACHMENT OPTIONS

- ✓ TECH TRAYS
- ✓ BUMPER PLATE HOLDER
- ✓ SINGLE LEG ROLLER
- ✓ LANDMINE
- ✓ DOUBLE BARREL LANDMINE
- ✓ BAND PEGS
- ✓ DIP STATION
- ✓ ROPE ANCHOR
- ✓ ADJUSTABLE PLYO STEP
- ✓ ACCESSORY STORAGE



### PLUS...

- ✓ LOW ROW ATTACHMENT
- ✓ DUAL ADJUSTABLE HI/LO CABLE PULLIES
- ✓ TOUGH BAR PULL UP
- ✓ ROPE PULL ATTACHMENT

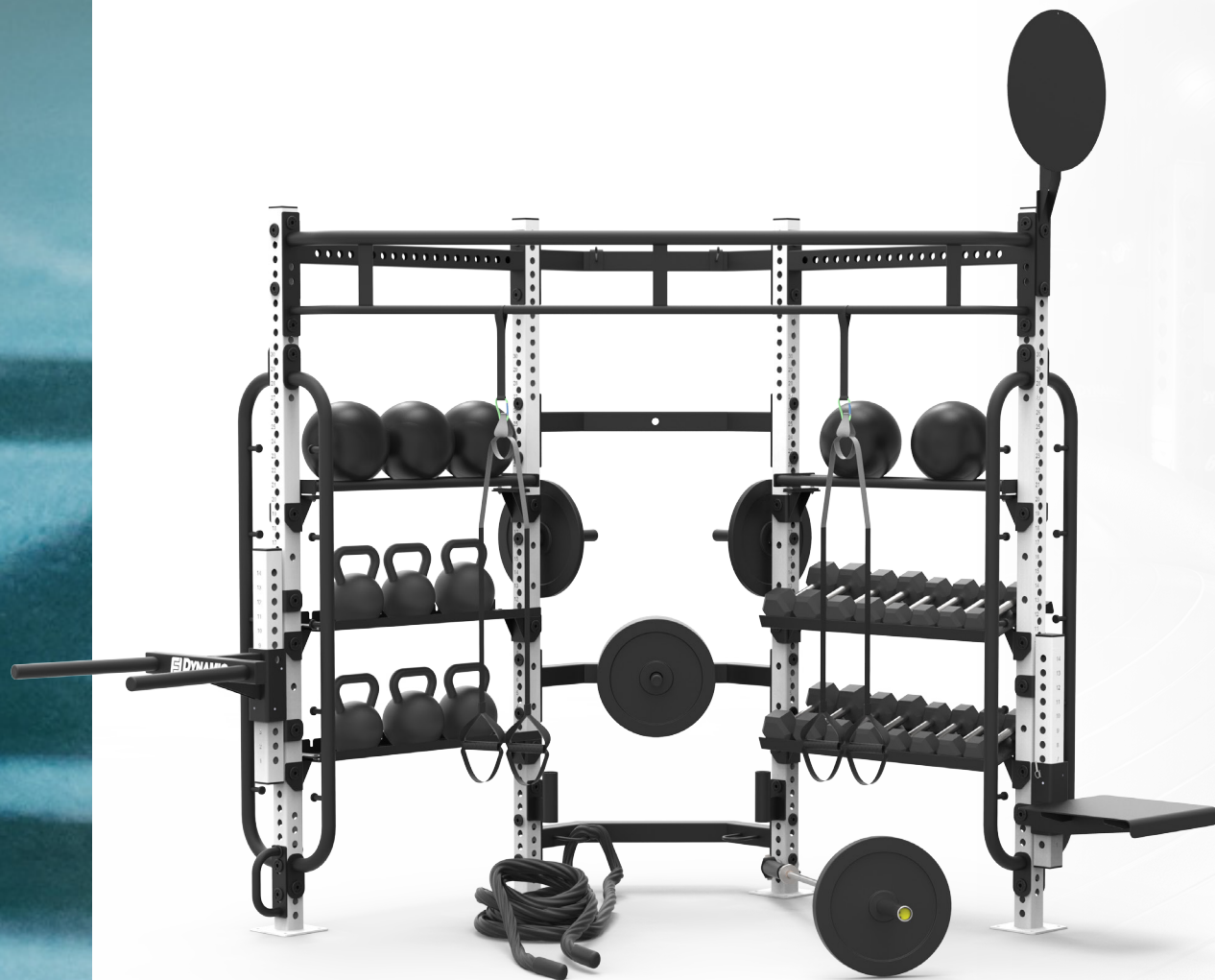


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NEATER  
IS SAFER  
IS BETTER.





## CORNER TRAINING UNIT

Dynamic's Corner Training Unit and Arsenal Storage Solutions are configurable to store any combination of accessories, all in one convenient space. Both units are compatible with rig attachments and can be used as functional training bases.

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## ARSENAL STORAGE UNIT



## ATTACHMENTS, STORAGE & ACCESSORY OPTIONS

- ✓ BUMPER PLATES
- ✓ BAND PEGS
- ✓ DIP STATION
- ✓ ROPE ANCHOR
- ✓ PLYO STEP
- ✓ PLATE STORAGE
- ✓ BALL TARGET
- ✓ DUMBBELLS & STORAGE
- ✓ SLAM BALLS & STORAGE
- ✓ MED BALLS & STORAGE
- ✓ WALL BALLS & STORAGE
- ✓ KETTLE BELLS & STORAGE
- ✓ ACCESSORY STORAGE

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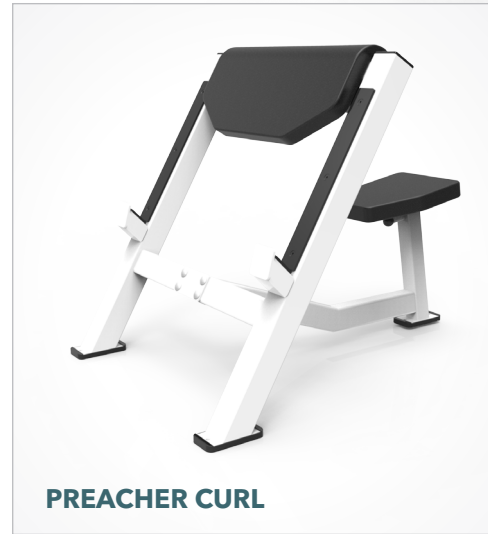
**FREE WEIGHT  
FREEDOM.**

## FREE WEIGHT STRENGTH EQUIPMENT

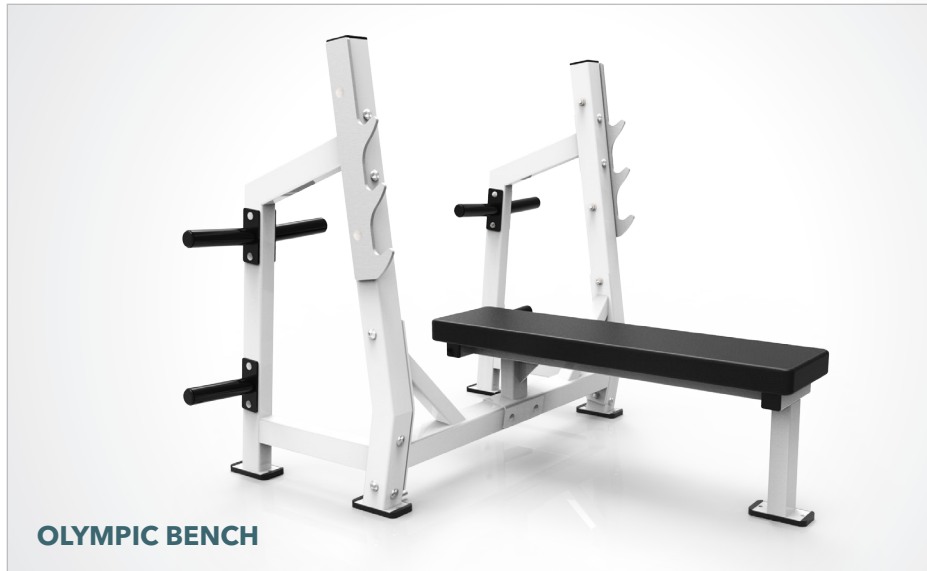
Dynamic's free weight and body weight equipment completes your facility's fully-equipped strength room, giving your members more options and less wait time. Each piece includes color customizable frames and upholstery, as well as chrome contact points and adjustment bars for both style and longevity.



45° HYPER



PREACHER CURL



OLYMPIC BENCH



VERTICAL KNEE RAISE

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# GROUP TRAINING MADE EASY.



MONKEY BARS

SQUAT STATION

SUSPENSION STATION

PLYO STEP

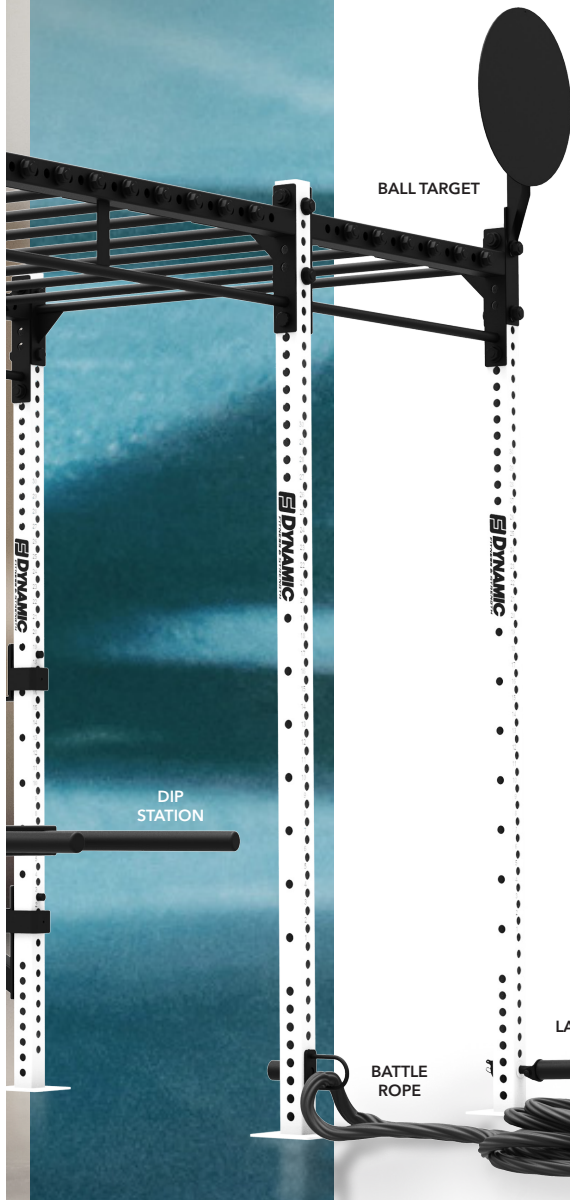


## BAG / SUSPENSION RIGS

These solid, durable units hold multiple kick bags at a time for group classes. Also great for suspension training classes. Use with multiple attachments. Color customizable frame.

## PRE-CONFIGURED MODULAR RIGS

Dynamic makes rigs easy. Our classic rig systems come in 12 pre-made kits designed by our fitness experts. Just pick the one best for you, or build your own to fit your exact facility or space. Dynamic's modular rigs transform in minutes to different configurations, to serve numerous roles. Choose any combination of attachments to make your rig most effective. **Ask for our pre-configured rigs catalog.**



**4' PERSONAL MONKEY BAR RIG**



**10' STANDARD RIG**



**6' M3 ZONE 3.0 RIG**



**6' MONKEY BAR RIG**



**14' STANDARD RIG**



**12' M3 ZONE 4.0 RIG**



**14' MONKEY BAR RIG**



**24' STANDARD RIG**



**14' PREMIUM EXTENSION RIG**



**20' INCLINE MONKEY BAR RIG**



**14' PREMIUM "X" RIG**



**CORNER TRAINING UNIT**

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FRESH  
IDEAS  
GIVE YOU  
THE  
EDGE.



## GLUTE HAM IN STYLE

Function and style come together with our new commercial glute ham developer (GHD). Features convenient step-through design and simple pop-pin adjustments. Plus band anchors, split pad and handles for reverse hyper movements. Color customizable frame and upholstery.



## STAND-UP SPACE SAVERS

Save space with this innovative standing bench design feature. Easy to use, sturdy attachment reduces the footprint of your benches by almost 6ft<sup>2</sup> per bench. Available on all series of Dynamic multi-adjustable benches.



## IMPACT SOUND REDUCTION

Our durable hardwood platform design is enhanced with multi-layer sound-deadening rubber drop zones. Significantly reduces equipment wear and transmission of drop sounds. Available in 4'x8' or 6'x8'.



## 3-IN-1 VERSATILITY

Get optimum value with this innovative flat/incline/decline bench. Three benches in one, for multi-use applications. Complete with color customizable frame and upholstery.

The foot roller pads also allow for abdominal workouts.



## COMPETITION BUMPER PLATES



Take your facility to the next level with high-quality competition bumper plates.

Durable, precise and attractive. Colored or black plates with the option for adding your logo. Weight displayed in pounds: 25# (Green), 35# (Yellow), 45# (Blue), 55# (Red).

# FULLY EQUIPPED WITH NO LIMITS.

3D ROOM  
RENDERINGS

FINANCING  
OPTIONS

FLOORING &  
ACCESSORIES

TOP BRAND  
DISTRIBUTOR



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