

DYNAMIC[®]
FITNESS & STRENGTH



**FACILITY
OUTFITTING
GUIDE**

RAISE THE
BAR ON
STYLE



ULTRA PRO LIFTING RACKS

The Ultra Pro Series delivers Made-in-the-USA strength, with customization, functionality and class. Build out your ideal system with a multiple attachments and connectors. Then complete the look with custom laser-cut uprights and logo plates bearing your club name and branding.

ATTACHMENT OPTIONS

TECHNIQUE TRAYS



ROPE PULL



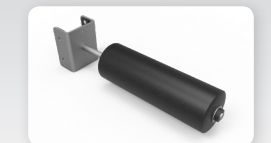
JAMMER ARMS



BAND PEGS



SINGLE LEG ROLLER



DIP STATION



LAND MINE



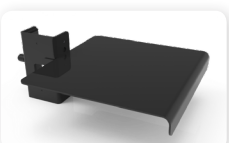
ROPE ANCHOR



DOUBLE LAND MINE

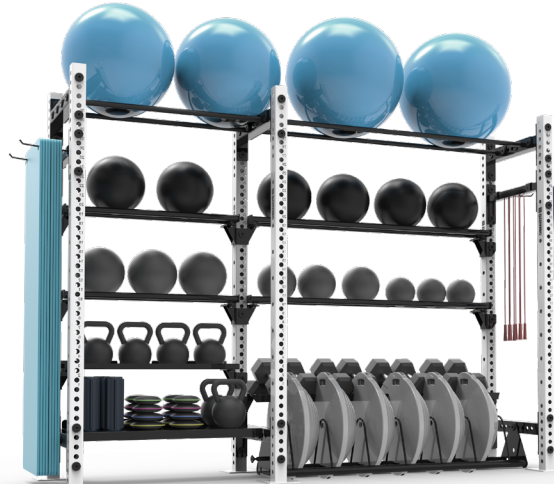


PLYO STEP



STORAGE/TRAINING UNITS

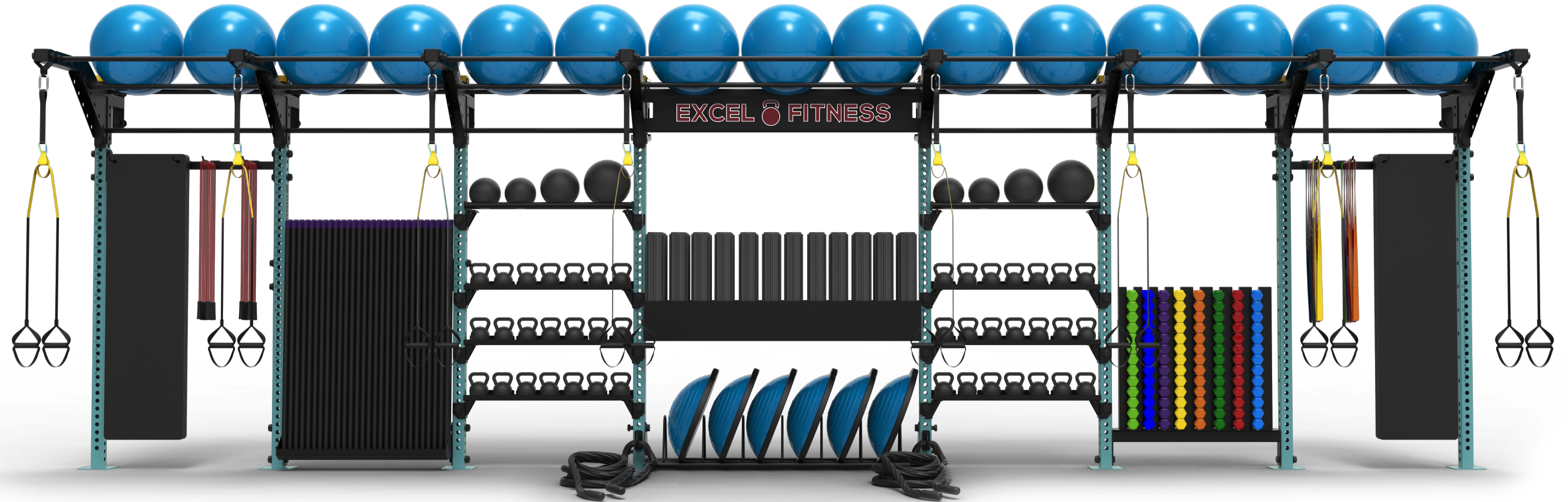
Dynamic's Wall-Mount Storage/Training Units are versatile and practical, flexible and efficient. Designed to be the perfect fit for your space and your needs. Small footprint with half the uprights of a normal rig, but with all the functionality. Configure these units to store any combination of accessories, all in one convenient space. All storage/training units are fully compatible with Dynamic's Titan Series attachments which makes them an ideal base for functional training.



ARSENAL STORAGE

Arsenal Storage Units - available in five efficient size: 4', 6', 10', 16', 20' - each is configurable to store any combination of accessories all in one convenient space. All Arsenal units are compatible with rig attachments so they can also be used as functional training bases.

ARSENAL 10'



ACCESSORY STORAGE + FUNCTIONAL TRAINING IN ONE

PLATE STORAGE
DUMBBELL STORAGE
SLAM BALL STORAGE
MED BALL STORAGE
WALL BALL STORAGE
KETTLE BELL STORAGE

ACCESSORY STORAGE
JUMP ROPE STORAGE
CLUB MAT STORAGE
FOAM ROLLER STORAGE
PHYSIO BALL STORAGE
BATTLE ROPE STORAGE

SUSPENSION TRAINING
BATTLE ROPE TRAINING
PHYSIO BALL TRAINING
STEP TRAINING
KETTLEBELL TRAINING
MED BALL TRAINING

JUMP ROPE TRAINING
PULL UP TRAINING
YOGA TRAINING
WALL BALL TRAINING
DUMBBELL TRAINING
SLAM BALL TRAINING



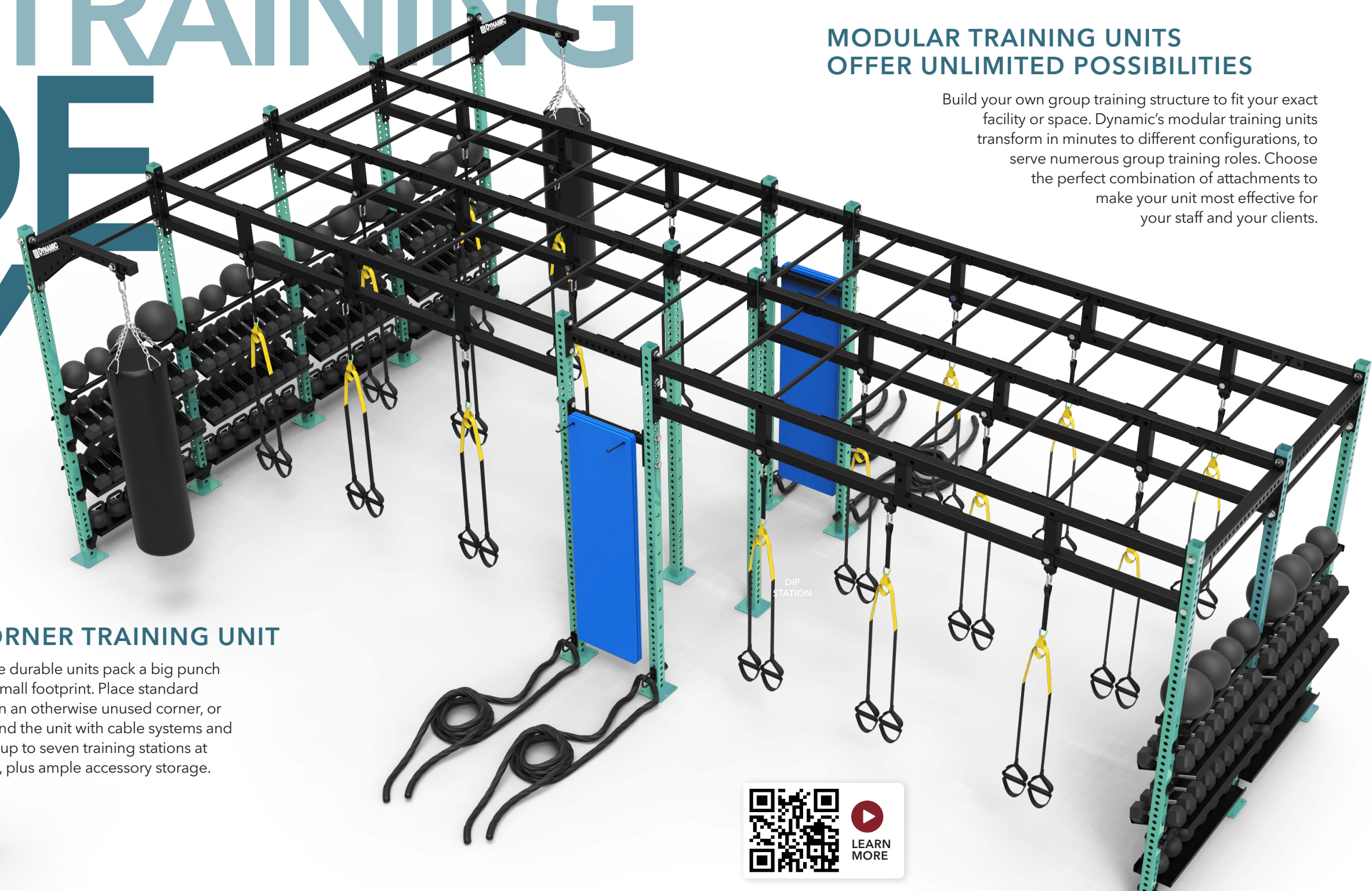
LEARN MORE



GROUP TRAINING MADE EASY

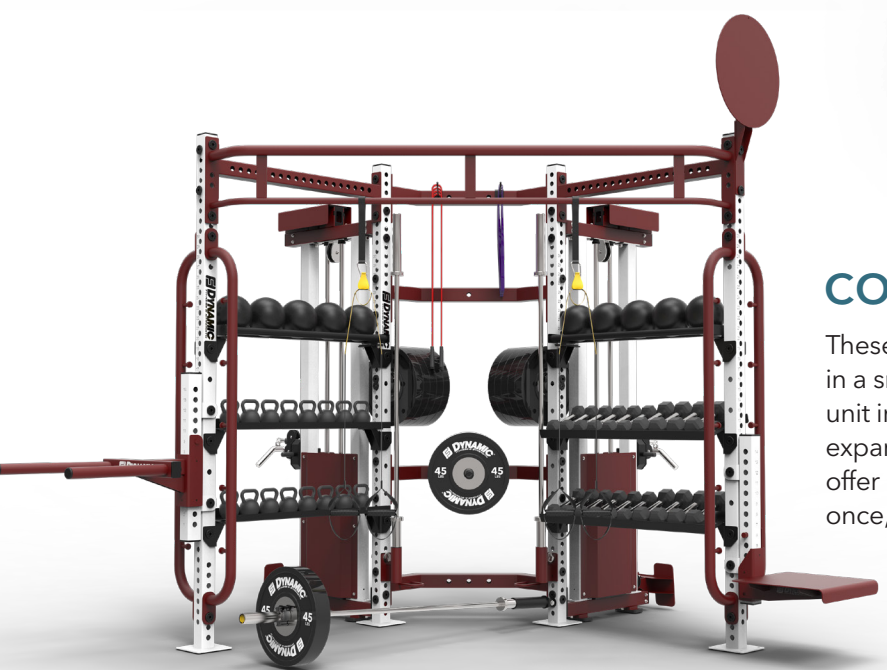
MODULAR TRAINING UNITS OFFER UNLIMITED POSSIBILITIES

Build your own group training structure to fit your exact facility or space. Dynamic's modular training units transform in minutes to different configurations, to serve numerous group training roles. Choose the perfect combination of attachments to make your unit most effective for your staff and your clients.

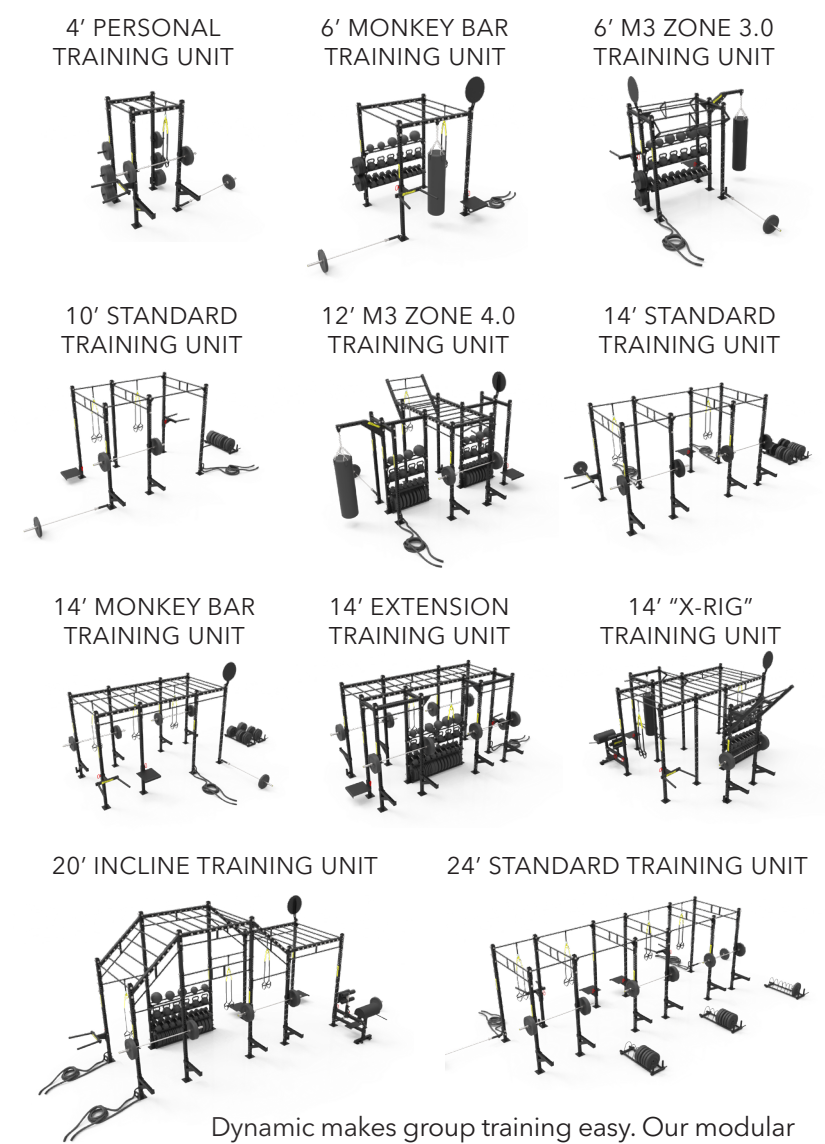


CORNER TRAINING UNIT

These durable units pack a big punch in a small footprint. Place standard unit in an otherwise unused corner, or expand the unit with cable systems and offer up to seven training stations at once, plus ample accessory storage.



PRE-CONFIGURED UNITS



Dynamic makes group training easy. Our modular training units are specially pre-configured by our own fitness experts. Just pick the one best for you and your program.



FRESH IDEAS GIVE YOUR GYM THE EDGE

GLUTE BRIDGE MACHINE

The Glute Bridge Machine takes the resisted bridge to the next level, working all body types and sizes with adjustable cable stack resistance. The pivoting bench, lap belt and adjustable foot rests ensure perfect form - providing maximum results.

- ✓ MOST EFFECTIVE, EFFICIENT HIP BRIDGES
- ✓ SPECIFICALLY TARGETS GLUTES
- ✓ WORKS ALL BODY TYPES AND SIZES
- ✓ REDUCES CLUTTER IN THE GYM
- ✓ CUSTOM FRAME & PAD COLORS
- ✓ MADE IN USA, PATENT PENDING



EQUIPMENT SOLUTIONS FOR ALL KEY TRAINING AREAS

BALANCE / FLEXIBILITY
BODY WEIGHT / CORE
BOXING / KICK / HEAVY BAG
CARDIO TRAINING
CROSS TRAINING

MOBILITY TRAINING
POSTERIOR CHAIN
STEP TRAINING
STRENGTH TRAINING
SUSPENSION TRAINING



CONTACT OUR
**3D FACILITY
DESIGN TEAM**



PRIORITIZE IT. CUSTOMIZE IT.

YOUR GYM NAME, YOUR MOTTO, YOUR LOGO. IT'S WHO YOU ARE. IT'S YOUR IDENTITY.

IT'S THE FEW CHOICE WORDS YOU LIVE BY. IT SETS YOUR GYM APART FROM EVERYONE ELSE.

SO MANY YEARS IN THE MAKING. THE BLOOD, SWEAT AND TEARS. YOUR PROUD COMPETITIVE

HISTORY. YOUR ACCOMPLISHMENTS. YOUR DRIVE TO PUSH OTHERS TO REACH THEIR FULL

POTENTIAL. IT'S ALL INSIDE YOU, AND IT'S ALL IN YOUR NAME. ALL THE GREAT COACHES,

TRAINERS AND FRIENDS YOU'VE WORKED AND TRAINED WITH OVER THE YEARS.

THE GUTS AND DETERMINATION OF SO MANY GREAT CLIENTS.

THE THRILL OF MANY VICTORIES, AND THE AGONY OF DEFEAT. IT'S ALL

BROUGHT TO MIND BY ONE ENDURING SYMBOL HANGING IN YOUR GYM. PRINTED ON

EVERY SWEAT-SOAKED T-SHIRT. AT DYNAMIC WE KNOW YOUR GYM NAME AND LOGO MEANS

EVERYTHING TO YOU. AND WE BELIEVE IT'S WORTH BURNING INTO SOLID STEEL, RAISING

IT HIGH, AND DISPLAYING IT WITH PRIDE, ALL THROUGHOUT YOUR GYM. YOU'VE MADE

TOP-QUALITY EQUIPMENT A TOP PRIORITY. NOW CUSTOMIZE AND BRAND EVERY RACK, RIG,

BENCH AND PLATFORM, EVERY BARBELL, DUMBBELL, BALL TARGET AND PLATE.

MAKE IT ONE-OF-A-KIND. MAKE IT MATTER. MAKE IT YOURS.

BRAND IT. MONETIZE IT.

BRANDED COMP PLATES

Take your facility to the next level with high-quality competition bumper plates. Colored or black plates with single or multi-color logo options.



BAR END CAPS

It's the final touch to complete your space. Add your own brand to every bar in your gym, with our custom bar end cap option. Available on all Dynamic straight bars.



LOGO BAR RACK

Store 10 bars while reinforcing your brand. Get your logo laser cut in large format on our wall-mount bar storage rack.



DYNAMIC
FITNESS & STRENGTH

FULLY EQUIPPED WITH NO LIMITS.

MADE IN
THE USA

3D FACILITY
DESIGN TEAM

FLOORING &
INSTALLATION

TOP BRAND
ACCESSORIES

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